# Senior Resource Center

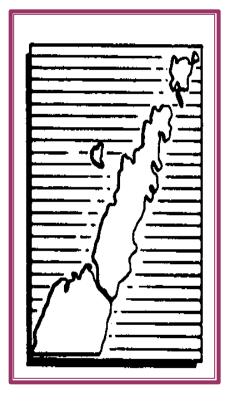
## Of Door County

**Information and Assistance** 

(920) 746-2543

Monday – Friday

8:00 A.M. - 4:30 P.M.



Office on Aging 832 N. 14th Avenue Sturgeon Bay, WI 54235

VOICE:

(920) 746-2542

TTY:

(920) 746-6970

FAX:

(920) 743-8553

VOICE Northern Door: (920) 854-6161 ext. 2542

- \*Education & Recreation Opportunities
- \*Health Information & Screenings
- \*Benefit Counseling
- \*Consultation with Families
- \*Nutrition Services
- \*Transportation Services
- \*Supportive Home Care Referrals
- \*Housing Options
- \*Elder Abuse Referrals
- \*Caregiver Information
- \*Support Groups

### **Information and Assistance**

#### **Information and Assistance**

offers olders adults their families and caregivers information regarding community resources and assitance obtaining desired services from the Resource Center and other agencies. Information and assistance is available via telephone consultations, mail, office visits and home visits.

#### **Consultation with Families**

helps family members concerned about older relatives identify and address issues and learn about aging resources in the community.

Caregiver Services include information about respite options, resource library materiels, information workshops and support groups.

#### Personal needs assessment

Conducted by professional staff available assess an older individual's ability to perform daily tasks independently or with assistance, as well as his or her ability to purchase needed services.

Supportive home care referrals connect older adults needing supervision and/or assistance with personal care (bathing, dressing, eating) with agencies and individuals available to meet those needs.

Housing assistance helps older adults assess their housing needs and explore a variety of options: public and private housing, adult foster care, community-based residential facilities and nursing homes available to meet their needs.

Support group our agency will provide information on support groups available for older adults and family members, experiencing the challenges of caregiving.

#### Volunteer peer companions

help individuals with grief, isolation, depression, and other life adjustments situations.

Volunteer friendly visitors visit homebound or isolated people age 60 and older.

Elder Abuse Referrals made in areas of finacial, physical, or emotional abuse or selfneglect.

#### Meals

Serves hot nutritious group noon meals at the following county locations:

- Sturgeon Bay M-F
- Forestville Tues. & Thurs.
- Baileys Harbor Wed. & Fri.
- Liberty Grove Mon-Wed-Fri.
- Washington Island Mon & Wed.

Delivers noon meals to homebound people age 60 and over, (medical referral necessary).

#### **Benefits Counseling**

The Benefit Specialist will help older adults and their families cut the red tape involved with health care and public benefits. The Benefit Specialists can address problems with Medicare, Medicare supplements, Social Security, Supplemental Security Income (SSI), Medical Assistance, veteran's benefits, disability claims and other public benefits

For more information or answers to questions about the I & A services above:
(920) 746-2543